

February 2023

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New Jersey



Information and Resource Packet

Get Connected. Get Help.



NJ 211 provides **free, confidential, and multilingual live** assistance 24 hours a day, every day of the year. Whichever method you choose to reach us, you will be communicating with a community resource specialist who has access to a resource database of over 7,600 community programs and services that assist people who need help with life's most basic needs like food, utilities, affordable housing, rental assistance, mental and physical health, substance use disorders, child care, senior needs, legal assistance, transportation, disability services, and so much more.



DIAL
2-1-1



TEXT
your zip code at 898-211



CHAT
www.nj211.org



SEARCH
the resource database at nj211.org



COVID-19 Updates

Free COVID-19 testing is available at many locations across the state. Visit covid19.nj.gov to find a list of free public testing locations in New Jersey by county, including short-term pop-up testing sites.

In addition, free COVID-19 testing and treatment is available at Community Health Centers, also known as Federally Qualified Health Centers (FQHCs), to all people whether you have health insurance or not and regardless of your immigration status

Stay up to date with COVID-19 boosters and vaccines bit.ly/covid19vacbooster



COVID-19 Testing



Test Site Finder
bit.ly/njcovidtest



Free At-Home Testing
bit.ly/njhometest



Free Public Testing
bit.ly/njpublictest

VITA - Tax Assistance

Free assistance in the preparation of federal and state Income Tax Returns (using the simple tax form) is available for taxpayers.

Learn about the free programs

bit.ly/nj211freetaxprep. At these sites, individuals of low-to-moderate income, individuals with disabilities, and non-English speaking taxpayers can find direct assistance in filing their returns.

Visit bit.ly/nj211VITAlocations to locate physical site near you.



Food Assistance Resources for NJ SNAP Recipients



Due to a recent change in federal law, the extra temporary benefits SNAP recipients have received, known as SNAP Emergency Allotments, are ending. This means you will receive your regular SNAP benefit starting March 1, 2023. The minimum monthly SNAP benefit in New Jersey is now \$95.

Visit nj211.org/njsnap to locate additional resources including soup kitchens, food pantries, WIC, National School Lunch Program, and other government assistance.

Diabetes Prevention and Management

NJ 211, in partnership with the NJ Department of Health, is committed to providing the most up-to-date information on diabetes prevention and education. Visit

bit.ly/nj211diabetes to learn more about about the disease and to locate a diabetes prevention or self-management program.



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