

December 2022

2.1.1

New Jersey



COVID-19 Information and Resource Packet

Get Connected. Get Help.

2-1-1

New Jersey

NJ 211 provides **free, confidential, and multilingual live** assistance 24 hours a day, every day of the year. Whichever method you choose to reach us, you will be communicating with a community resource specialist who has access to a resource database of over 7,600 community programs and services that assist people who need help with life's most basic needs like food, utilities, affordable housing, rental assistance, mental and physical health, substance use disorders, child care, senior needs, legal assistance, transportation, disability services, and so much more.



DIAL
2-1-1



TEXT
your zip code at 898-211



CHAT
www.nj211.org



SEARCH
the resource database at nj211.org



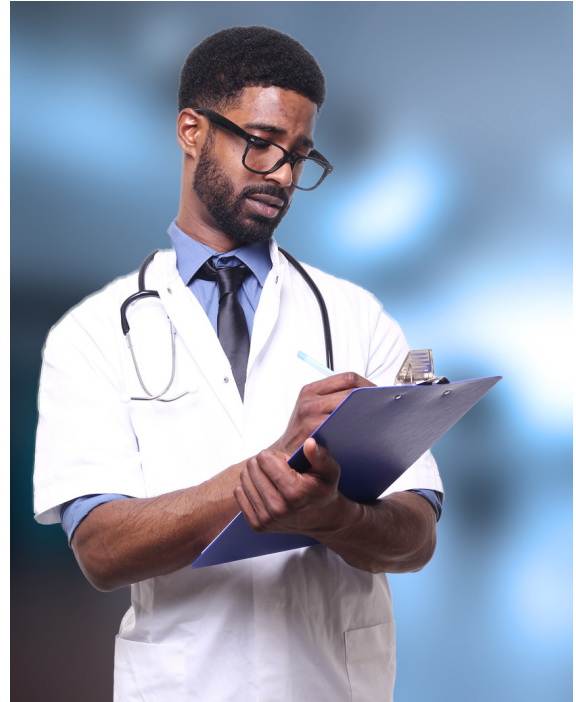
COVID-19 Updates

Treatment Options: If you test positive for COVID-19, you should ask your healthcare provider about whether a treatment is right for you. There are several treatment options available for COVID-19.

Currently, all therapies require a prescription and should be used in addition to COVID-19 vaccines. These treatments are *NOT* a substitute for COVID-19 vaccination.

bit.ly/covid19treatmentoptions

Stay up to date with COVID-19 boosters and vaccines bit.ly/covid19vacbooster



Fight the Flu



Flu season begins in October and continues into early spring (peaking in January and February). All residents are encouraged to be aware and to take precautionary and preventative measures. That includes getting your flu vaccine. You can get COVID-19 vaccines and the flu vaccine at the same time. Visit bit.ly/nj211flu to view a list of resources you can explore to find a convenient location for you and your family to get vaccinated against the flu.

Diabetes Prevention and Management

NJ 211, in partnership with the NJ Department of Health, is committed to providing the most up-to-date information on diabetes prevention and education. Visit bit.ly/nj211diabetes to learn more about the disease and to locate a diabetes prevention or self-management program.



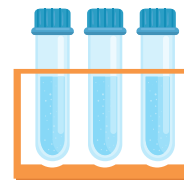
COVID-19 Testing



Test Site Finder
bit.ly/njcovidtest



Free At-Home Testing
bit.ly/njhometest



Free Public Testing
bit.ly/njpublictest

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