

SERVING HUNTERDON, MERCER,  
MIDDLESEX & SOMERSET COUNTY  
FAMILIES

# CONNECTING



(PREVIOUSLY KNOWN AS  
CENTRAL INTAKE)

*Supporting healthy  
pregnancies, deliveries and  
families.*



## ABOUT US

Connecting NJ at Central Jersey Family Health Consortium links pregnant people, parents, and caregivers with young children to free or low-cost family wellness resources in their community such as:

- health insurance, doulas, medical providers, primary and prenatal care
- housing, child care, early childhood programs
- educational information on pregnancy and parenting
- Early Childhood Specialists, Home Visiting Programs & Community Health Workers
- and so much more!

**Get connected today. Call 888-551-6217 or email [infoci@cjfhc.org](mailto:infoci@cjfhc.org)**

## SUPPORT SERVICES



WHO ARE

### COMMUNITY HEALTH WORKERS

- Connect women and their families to agencies, programs or doctors.
- Provide face to face assistance and follow-up.
- Assist with applications for WIC, health insurance, food stamps and other resources.
- Offer education about health before, during and after pregnancy.



WHAT IS

### HOME VISITING

- Support women and families with young children through regular home visits.
- Work with the family to promote a healthy pregnancy.
- Educate on childbirth, raising a healthy child and developmental milestones.



WHO ARE

### EARLY CHILDHOOD SPECIALISTS

- Support the development of children 0-5 years of age.
- Offers Parent-led online ASQ-3 Developmental Screening & resources to help children thrive.

The Central Jersey Family Health Consortium is a non-profit agency that works to improve the health of women of childbearing age, infants and consumers.



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[www.cjfhc.org](http://www.cjfhc.org)

