

September 2022

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New Jersey



COVID-19 Information and Resource Packet

Get Connected. Get Help.



NJ 211 provides **free, confidential, and multilingual live** assistance 24 hours a day, every day of the year. Whichever method you choose to reach us, you will be communicating with a community resource specialist who has access to a resource database of over 7,600 community programs and services that assist people who need help with life's most basic needs like food, utilities, affordable housing, rental assistance, mental and physical health, substance use disorders, child care, senior needs, legal assistance, transportation, disability services, and so much more.



DIAL
2-1-1



TEXT
your zip code at 898-211



CHAT
www.nj211.org



SEARCH
the resource database at nj211.org



COVID-19 Updates

Isolation and Quarantine: Visit

bit.ly/nj211covidcalc to access the Isolation and Quarantine Calculator which allows you to determine your next steps once you've been exposed to someone who has tested positive.

Boosters & Vaccines:

Individuals ages 12 and older are now able to obtain a COVID-19 bivalent booster dose, which should be received two months after their most recent booster or primary series. This updated version of COVID-19 boosters offers stronger protections against severe illness and death from Omicron sub-variants. The Novavax COVID-19 vaccine is available for those ages 12 and older. **Stay up to date here** bit.ly/covid19vacbooster



Don't Go Hungry



Housing and the high cost of living in New Jersey can make it hard to have enough money for food. Those who have just been through a life-altering event which has weakened their financial resources are in need of assistance. Programs are designed to build a more secure and sustainable future for you and your family, and community soup kitchens and food pantries throughout the state that can offer immediate help.

Start with a visit to bit.ly/nj211guidedfood and choose from the search categories provided to find the resource that best fits your needs.

Transportation

NJ 211 offers free or discounted rides through the Ride United Transportation Assistance Program. Ride United can also be used for COVID-19 testing and vaccines, medical appointments, employment, food access, legal services, and more. Please dial 2-1-1 to schedule a ride. Visit bit.ly/nj211ride for more information.



You can search for other transportation options by entering the term "*transportation*" in our online database.

Utility Assistance



As New Jersey's USF/LIHEAP Hotline and a comprehensive information and referral service for all health and human service needs, we're dedicated to helping in every way we can.

You may be eligible to receive help towards your home energy and water bills. Learn about each program, eligibility requirements, and how and where to apply. Visit bit.ly/nj211utilityhelp.

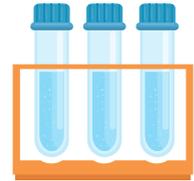
COVID-19 Testing



Test Site Finder
bit.ly/njcovidtest



Free At-Home Testing
bit.ly/njhometest



Free Public Testing
bit.ly/njpublictest

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