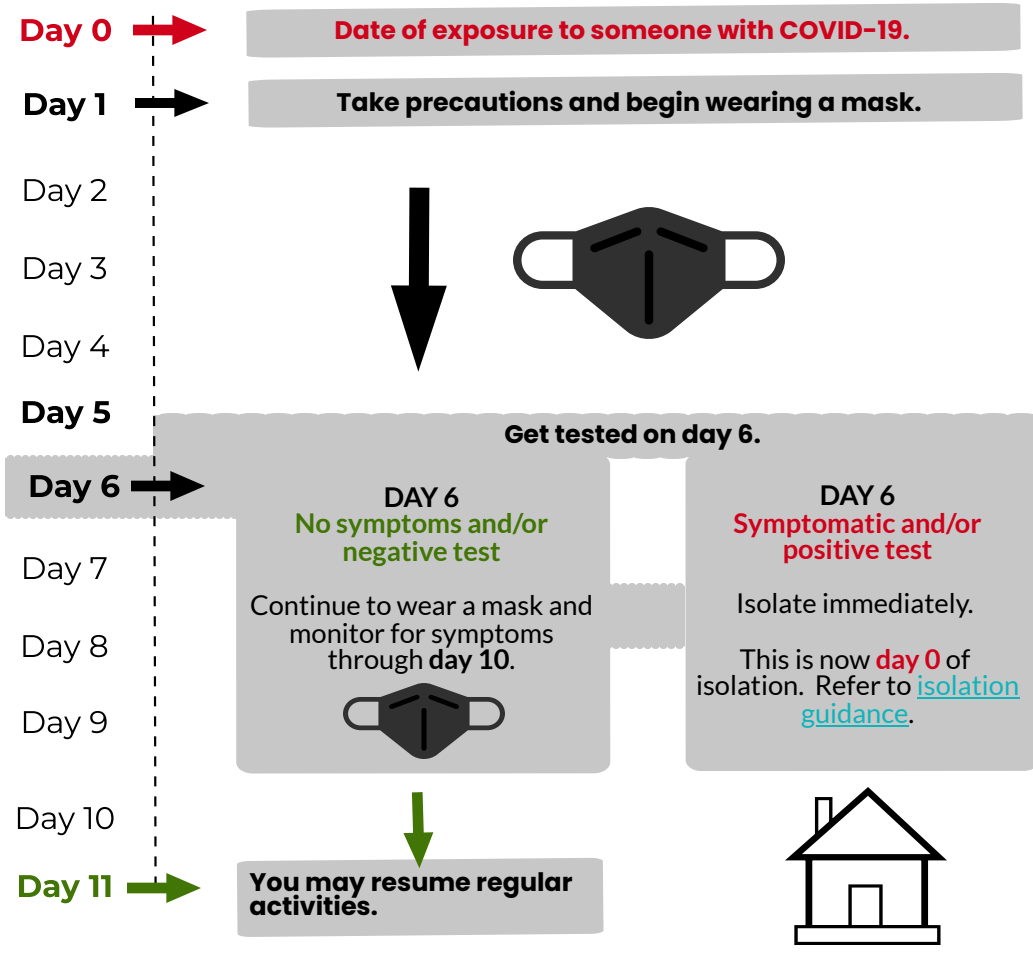




What to Do When Exposed to COVID-19



Things to Note



Continue to wear a well-fitted mask or respirator when around others at home and in public through day 10.



Continue to monitor for symptoms. If symptoms develop, get tested and follow isolation recommendations.



Delay travel when possible until a full 10 days after the last close contact.



Take [extra precautions](#) if you will be around people who are at high risk of severe illness through day 10.



Do not go to places where you are unable to wear a mask, such as restaurants through day 10.



Masks are not recommended for children under ages 2 years and younger, or for people with some disabilities.



Learn more about COVID-19 at nj.gov/health/cd/topics/ncov.shtml