

# Information and Resource Packet

# **Get Connected. Get Help.**



**New Jersey** 

NJ 211 provides free, confidential, and multilingual live assistance 24 hours a day, every day of the year. Whichever method you choose to reach us, you will be communicating with a community resource specialist who has access to a resource database of over 6,300 community programs and services that assist people who need help with life's most basic needs like food, utilities, affordable housing, rental assistance, mental and physical health, substance use disorders, child care, senior needs, legal assistance, transportation, disability services, and so much more.



**DIAL** 2-1-1



TEXT your zip code at 898-211



CHAT www.nj211.org



**SEARCH** the resource database at nj211.org



### **COVID-19 Updates**

- CDC recommends the 2023–2024 updated COVID-19 vaccines
- <u>Everyone aged 5 years and older</u> should get 1 dose of an updated COVID-19 vaccine to protect against serious illness from COVID-19.
- <u>Children aged 6 months-4 years</u> may need multiple doses of COVID-19 vaccines to be <u>up to date</u>, including at least 1 dose of updated COVID-19 vaccine.
- <u>People who are moderately or severely immunocompromised</u> may get additional doses of updated COVID-19 vaccine.
- People aged 65 years and older who received 1 dose of any updated 2023-2024 COVID-19 vaccine (Pfizer-BioNTech, Moderna or Novavax) should receive 1 additional dose of an updated COVID-19 vaccine at least 4 months after the previous updated dose.

Stay up to date! Visit bit.ly/cdcupdatecovid24

# **NJ FamilyCare**

Children under 19 can apply for NJ FamilyCare regardless of their immigration status. All other requirements for NJ FamilyCare still apply. Visit <u>nj.gov/CoverAllKids</u> to learn more.



### **COVID-19 Testing and Vaccines**







# **Child Care and Summer Camps**

As summer approaches, the search for quality child care and engaging summer camps can feel overwhelming. Start by understanding your child's needs and interests, then explore options online. Prioritize safety, accreditation, and staff qualifications for child care facilities, and consider factors like location, cost, and activities for summer camps.

Start your search here bit.ly/njchildcaresearch



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